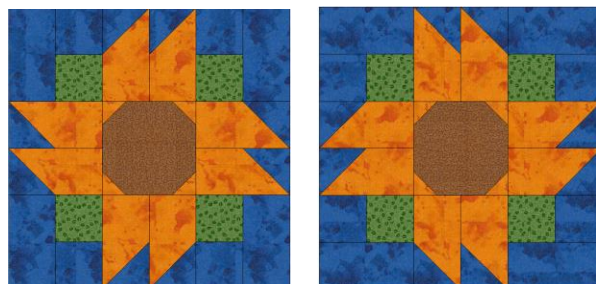


Q.U.I.L.T.S. SEPTEMBER 2018 BLOCK OF THE MONTH

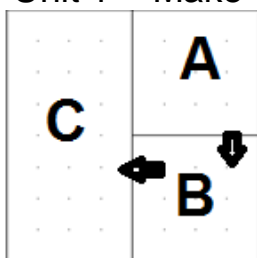
Sunflower 9" block



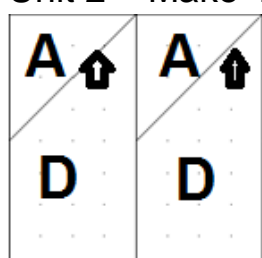
In your packet, you will have:

- A = 12 blue 2" squares
- B = 4 green 2" squares
- C = 4 blue 2" x 3.5" rectangles
- D = 8 gold/rust 2" x 3.5" rectangles
- E = 1 brown 3.5" square
- F = 4 gold/rust 1.5" squares

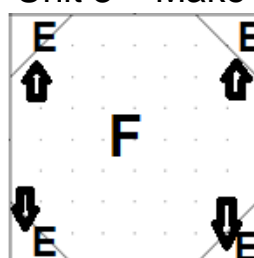
Unit 1 – Make 4



Unit 2 – Make 4



Unit 3 – Make 1



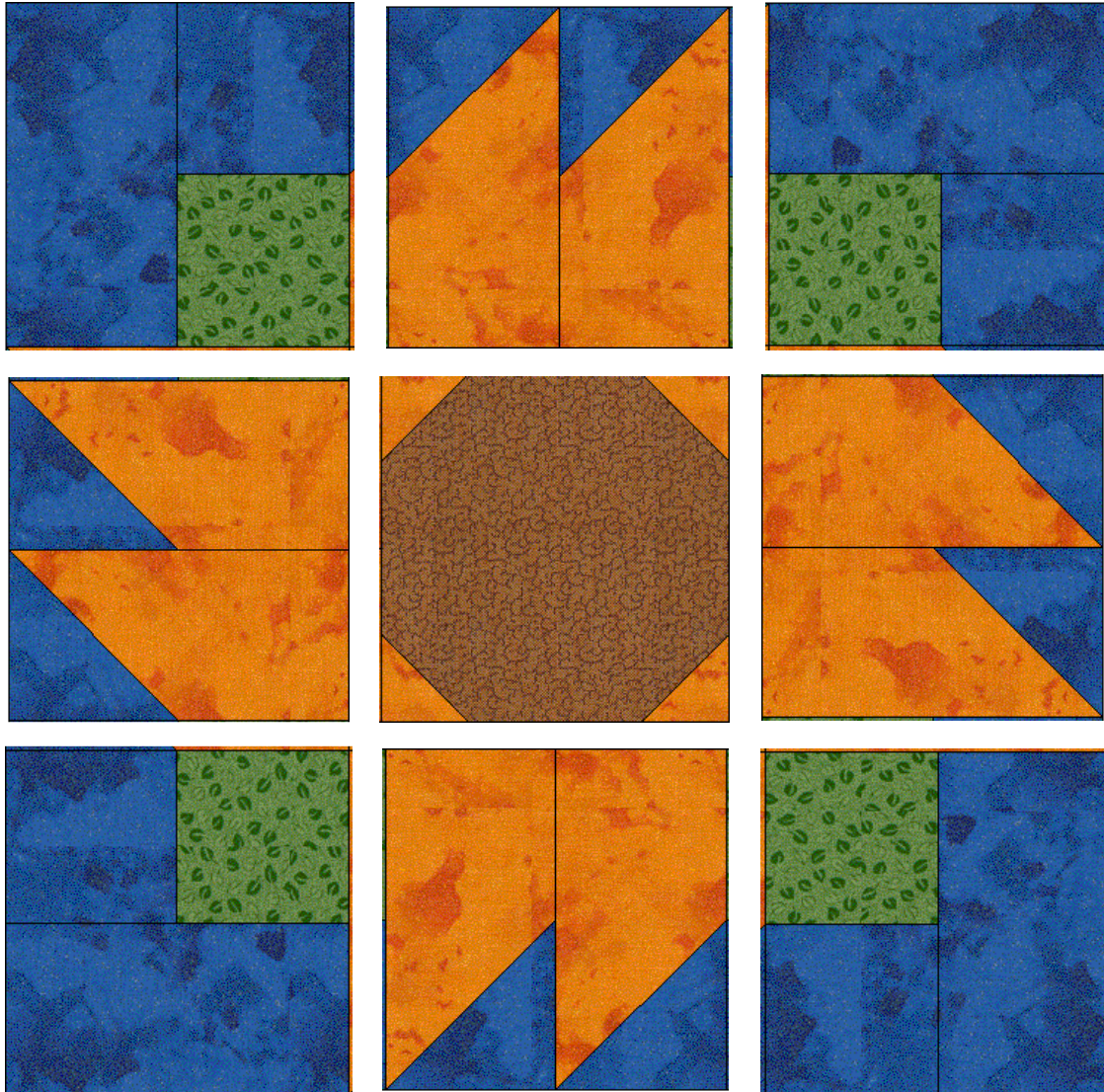
Unit 1 - sew 1 blue A square to a green B square, press to the green. Sew A/B to the blue C rectangle, press to C. Make 4 of these units.

Unit 2 - draw a diagonal line on back of each remaining blue A squares. Place a blue square on each gold/rust rectangle with right sides together. Make sure drawn lines all go in the same direction. It doesn't matter which way, just be consistent with all 8. Now "Stitch and flip" (see directions on p.2). Sew pairs of these rectangles together to make 4 of these units. Press in either direction.

Unit 3 - draw a diagonal line on back of each gold/rust 1.5" square and place on each corner of the brown 3.5" square. Now "Stitch and flip".

Each of these units should measure 3 1/2".

Assemble the units per the diagram, pressing the units of the top and bottom rows toward the #1 Units and the middle row toward Unit #3. Sew the 3 rows together and press the seams in either direction. Your block should measure 9 1/2" square. **DO NOT TRIM.**



STITCH AND FLIP METHOD:

1. Draw a diagonal line on the back of a small square of fabric.
2. Place that small square on a corner of a larger square (or a rectangle) with right sides together and stitch along the drawn line (or just a thread to the right of the line).
3. Flip the top square up and press.
4. Trim the excess fabric 1/4" away from the stitched line.

Google "quilting stitch and flip method" for additional information.