

## **MATERIAL GIRLS of the Program Team PRESENT:**

Handy Dandies for the Adventurousome Quilter April 2011

### **BINDINGS**

**Straight grain binding** is cut along the length of the fabric, parallel to the salvage. It is exceptionally stable and has almost no "give".

If the border of your quilt is pieced, or cut on the bias, the stability of this straight grain binding is a necessity.

Cut your fabric every 2 ½" parallel from the selvedge. Miter the seams when joining the strips and press the seam open.

One yard of fabric will yield about 576" of 2 ½" wide binding.

**Cross grain binding** has a little more flexibility. It is the most common & economical type of binding.

If your borders are cut on the straight of grain, use cross grain binding.

Cut your fabric every 2 ½" perpendicular to the selvedge. Miter the seams when joining the strips and press the seam open.

One yard of fabric will yield about 560" of 2 ½" wide binding.

**Bias binding** is traditional. The school of thought is that the same threads in the binding fabric aren't always on the outside, so this bias binding lasts longer.

It is also a great for binding for quilts with curved edges.

To make bias binding, cut your fabric every 2 ½" on a 45 degree angle from the selvedge.

Miter the seams when joining the strips and press the seam open to help keep bulk down.

\*Some information in [Handy Dandies for the Adventurousome Quilter](#) may have been obtained from the websites listed in the [Wickedly Wonderful Websites](#), and is intended to encourage quilters to explore those links.

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**Wickedly-Wonderful-Websites**

**[WWW.April-2011](#)**

**Bindings**

**<http://quiltbug.com/articles/binding-basics.htm>**

**<http://quiltbug.com/PDF/continuous-bias-binding.pdf>**

**[http://quilting.about.com/od/bindingaquilt/ss/mitered\\_binding.htm](http://quilting.about.com/od/bindingaquilt/ss/mitered_binding.htm)**